

LETTER TO INFORM OTHERS ABOUT MY HAE

Dear

I'm writing to let you know that I am living with a rare medical condition called **hereditary angioedema (HAE)**. It's important to me that you know a little bit about how this affects me and the care and support I need when accessing emergency medical attention.

What is HAE?

HAE can be caused by either low levels of the blood protein C1-esterase inhibitor (C1-INH) or having C1-INH that does not function properly. The condition can cause various parts of my body to swell up. When this happens, it's called an attack and I may need to take my treatment to bring down the swelling. You can find out details about my treatment below.

Remember, it's not an allergic reaction

During an attack, my swelling may look like an allergic reaction. However, it's important to understand that HAE is not an allergic condition, and so I won't typically respond to antihistamines or corticosteroids if I have an attack.

How is my HAE treated?

HAE attacks are treated by replacing the missing or non-functioning C1-INH in the blood. I have included the specific details about my treatment on page 2 of this letter.

LIFE-THREATENING ATTACKS

Some HAE attacks can be extremely serious and potentially life-threatening.

If the swelling or attack is in my face, mouth, throat or airway, I will need immediate emergency care and may need your support to ring the emergency services.

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If you self-administer your treatment, please fill out the details below and remove the next section. Once you have completed all sections, please delete this sentence in Magenta (instructions on completing the form) before you share with others.

I treat my HAE attacks myself with:

I keep my treatment:

If you would usually receive treatment in hospital for an HAE attack, please fill out the details below and remove the section above

I usually travel to A&E to receive the following treatment for my HAE:

A&E contact Information

Name of A&E department:

Address:

Telephone:

Please keep this letter on file and ensure anyone who needs to know is aware of its contents.



**LETTER TO INFORM
OTHERS ABOUT MY HAE****Emergency contact information**

Chosen contact name:

Relation to me (e.g., family, partner, etc):

Telephone:

Mobile telephone:

Email address:

Doctor's name:

Address of hospital:

Office telephone:

Mobile telephone:

Email address:

In emergencies, please call: _____

Many thanks,

To find out more about HAE, please visit: www.AllAboutHAE.co.uk

This asset is for UK patients prescribed Berinert to inform others about their HAE.

Reporting side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

By reporting side effects, you can help provide more information on the safety of this medicine.

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